

WORKBOOK

SELF-CARE

FILL IN THE SPACES BELOW WITH THINGS YOU CAN DO FOR YOURSELF OR PUT IN PLACE TO KEEP YOU FROM FEELING OVERWHELMED OR BURNED OUT. THINK ACTIVITIES, POLICIES, DELEGATING, ETC,

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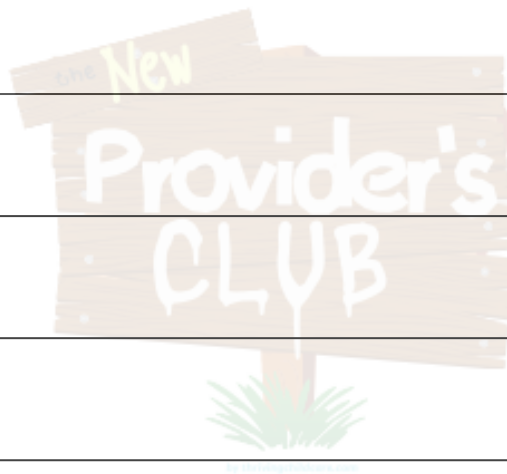
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12.



WORKBOOK

STANDING OUT

FILL IN THE SPACES BELOW WITH 3-10 THINGS THAT MAKE YOUR DAYCARE BUSINESS UNIQUE AND STAND OUT FROM THE COMPETITION THAT YOU CAN USE AS BENEFITS & FEATURES OF YOUR PROGRAM.

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